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## Hello friend!

Welcome to this weeks News Flash!  
Keep up with the goings in the Ministry Area  
Week commencing 3 March, 2024

### Listen Again

Listen to last Sunday's Sermon here!

[Listen Again](#)

### Lent & Easter Services

There is something for everyone to join in with over the Lent and Easter period.

[Lent & Easter Services](#)

## Lent course

Recommended Lent book for 2024 is **Journeying with God in the Wilderness - A 40 Day Lent Devotional Through the Book of Numbers** by former parishioner Rev Mark Broadway.

We meet every **Tuesday, 11am** at the **Gatto Lounge**. There is no requirement to read the book to join in with the course - so pop along! All are welcome.

[Purchase here](#)

## Stations of the Cross

Friday, 8 March 2024, 12 noon at St Mary's Church, Glyntaff

[Stations of the cross Calendar.](#)

## Loved Little Ones

Our annual special service of remembrance for our children lost at any stage in pre or post birth will be held at **St Catherine's Church, Pontypridd, on Sunday 17 March 2024 at 5:30pm.**

## Choral Evensong

The Dean of Llandaff Cathedral has invited us all to a tour of the cathedral, light refreshments and to listen to their intercessions for our M.A. at Choral Evensong.

Join us as we meet at the Cathedral on **Sunday 3 March at 2pm for the tour or at 4pm for the service of Choral Evensong.**

## Approved M.A.C. Minutes

The approved Ministry Area Council Minutes from the meeting in January 2024. Paper copies of the minutes are available from your verger.

[January 2024 M.A.C. Documentation](#)

## Theology on Tap

This Sunday at The Bunch of Grapes, Pontypridd from 6:30pm.  
Everyone is welcome!

## [More Information](#)

### **Final Clearance Sale at St David's Church**

After the incredibly popular table top sale at St David's Church last month, the final clearance sale will take place on **Saturday 9 March 2024, 11am-2pm.**

### **Annual Vestry Meeting 2024**

The Annual Vestry Meeting will be held on Wednesday 17 April, 2024 at 7pm, St Catherine's Church, Pontypridd. This year, the A.V.M. will be held in the context of the Eucharist.

The relevant paperwork will be sent to the current serving vergers week of 4 March 2024.

### **School Outreach**

This week, Trish will be sharing the gospel at Craid yr Helsing School, Cefn School and Treallwng School.

Find out more about Ponty Kids activities this week with our newsletter.

[Ponty Kids Newsletter](#)

### **Ponty Pantry**

#### **We are not a Foodbank!**

Ponty Pantry is an environmental scheme aimed at reducing food waste. Fresh food nearing their best before date is donated to St Catherine's Church, Pontypridd for redistribution. We are open to everyone!

**Tuesday noon - 2pm, Holy Grounds Cafe at St Catherine's Church**

**Sunday 12:15pm Back of St Catherine's Church**

[More information on Ponty Pantry](#)

### **Luke's Soup**

For fellowship, soup and prayer, there is no better place to get this than at Luke's Soup. You will be assured of a warm welcome and some delicious home-made soup.

[More Information](#)

## Pontypridd Food Bank

### Do you need help?

We all need a little help form time to time and Foodbank is here to help you. This service is completely confidential and you personal details are not disclosed to a third party - so don't worry about someone 'finding out'.

### Can you give help?

Foodbank runs completely on donations. If you are in a position to do so, please deposit your donations at the local supermarket or at any of our church buildings.

[Get CONFIDENTIAL help here](#)

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[Website](#)

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**Pontypridd Ministry Area**  
**Registered Charity Number: 1165251**

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